



Okinawa Shorin Ryu New Zealand (Matsubayashi Ryu) 松林流

Japanese words we use

Titles Commonly Used

Osensei

Revered teacher, Greatest Teachers, Highly regarded or respected teacher

Soke

Head of family or lineage

Kaicho

President (of a society)

Kancho

Head of dojo

Shihan

Chief instructor, teacher of teachers.

Shihandai

Assistant shihan

Sensei

Teacher

Yudansha

Black belt grades

Senpai

Senior Student & / or Teachers Assistant [meaning Senior to yourself].

Okinawa Teaching Licences

Hanshisei

Senior leader to Model Instructors, to be modeled after. Exemplary Illustrious.



Hanshi

Senior leader to Model Instructors, to be modeled after. Exemplary Illustrious.



Kyoshi

Master, Teaching instructor [teacher of teachers]. Eminent Instructor; Master Instructor.



Renshi

Senior Expert, Professional, Training instructor. Highly trained; High Attainment



Numbers

| Japanese | Pronunciation | English |
|---------------|---------------|-----------|
| rei | ray | zero |
| ichi | eech | one |
| ni | nee | two |
| san | san | three |
| shi (yon) | she | four |
| go | go | five |
| roku | roke | six |
| shichi (nana) | seech | seven |
| hachi | hach | eight |
| ku | koo | nine |
| ju | joo | ten |
| ju ichi | joo eech | eleven |
| ju ni | joo nee | twelve |
| ju san | joo san | thirteen |
| ju shi | joo she | fourteen |
| ju go | joo go | fifteen |
| ju roku | joo roke | sixteen |
| ju shichi | joo seech | seventeen |
| ju hachi | joo hach | eighteen |
| ju ku | joo koo | nineteen |
| ni ju | nee joo | twenty |
| san ju | san joo | thirty |
| shi ju | she joo | forty |
| go ju | go joo | fifty |



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Commands & phrases

| Japanese | Pronunciation | English |
|-------------------|-------------------------------|--------------------------|
| arigato gozaimasu | ah-ree-gah-toh goh-zai-mas | thank you very much |
| do itashimas'te | doh-ee-tash-ee ma-she-tay | you're welcome |
| hajime | hah-jee-may | begin |
| kawate | kah-wah-tay | on guard |
| kime | ke-mee | focusing technique |
| kiotsuke | kee-oh-skay | stand up straight! |
| konbon wa | cone-bon wah | good evening |
| konnichi wa | cone-ichi-ee wah | good afternoon |
| koshi o ireru | ko-she o ee-re-roo | "putting in the hip" |
| matte | mah-tay | wait |
| mawatte | mah-wah-tay | turn around |
| mokuso | moh-koo-soh | quiet meditation |
| onagai shimasu | oh-neh-guy she-mas | please (teach me) |
| otagai ni | oh-tah-gah-ee nee | toward each other |
| otagai ni rei | oh-tah-gah-ee nee ray | bow to each other |
| otagai ni taishi | oh-tah-gah-ee nee ta(i)-sh(e) | face each other |
| rei | ray | bow with respect |
| sensei ni rei | sen-say nee ray | bow to the teacher |
| sensei ni taishi | sen-say nee ta(i)-sh(e) | face the teacher |
| shomen ni rei | shoh-men nee ray | bow to the front |
| shomen ni taishi | shoh-men nee ta(i)-sh(e) | face the front |
| shugo | shoo-go | line up, gather together |
| wakarimasen | wah-car-ee-mah-sin | I do not understand |
| wakarimasu | wah-car-ee-mas | I understand |
| wakarimasu ka ? | wah-car-ee-mas kah | do you understand ? |
| yame | yah-may | stop |
| yoi | yoy | ready, attention |



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Other words

| Japanese | Pronunciation | English |
|-----------------|-------------------------------|--------------------------------|
| atemi | ah-teh-me | strike (often to distract) |
| barai | bah-rye | sweep |
| bunkai | boon-keye | application of kata techniques |
| bushido | boo-she-doh | the way of the warrior |
| dai ichi | die-eech | The first |
| deshi | deh-she | student, pupil |
| dojo | doe-joe | place to learn the way |
| dogi (gi) | doe-ghee (ghee) | karate uniform |
| hai | hi | yes |
| hidari | hee-dah-ree | left |
| hojo undo | hoe-joe oon-doe | supplementary exercises |
| ido | ee-doe | moving, with movement |
| iya | ee-yay | no |
| jiyu kumite | jee-yu koo-meh-tay | freestyle sparring |
| junbi undo | joon-bee oon-doe | warmup exercises |
| karateka | kah-rah-tay-kah | karate student |
| kiai | key-eye | spirit yell |
| kihon | key-hon | basics |
| kiso tanren | key-soh tan-ren | foundation drill conditioning |
| kokyu ho | koh-kyu how | breathing methods |
| kotekitae | koh-teh-key-tay | arm pounding |
| kumite | koo-meh-tay | sparring |
| obi | oh-bee | belt |
| makiwara | mah-kee-wah-rah | striking board |
| migi | mee-gee | right |
| seiza | say-za | formal sitting on knees |
| shiai | she-eye | sparring match |
| sonoba | soh-no-bah | in place, not moving |
| waza | wah-zah | technique |
| yakusoku kumite | yah-k(oo)-soh-koo koo-meh-tay | pre-arranged sparring |